


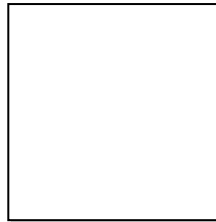
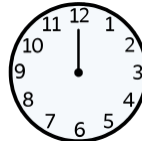
thrive  
2026



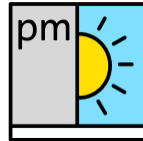
Morning



Activities

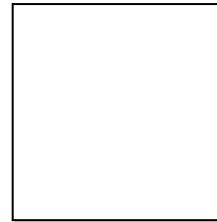

12:00



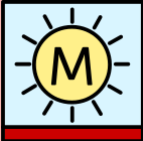
Afternoon




Activities


3-3:30pm



Monday



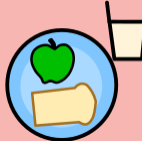
Sing Sign




Book Club



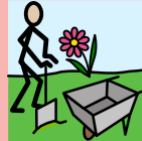
Games



Lunch



Laser Quest




Gardening




Sailing




Going Home




Tuesday



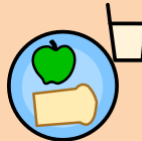
Bowling



Baking




Art



Lunch



Dodgy DIY




Discover



Musical Theatre



Going Home



Wednesday



Art Outside




Cooking Skills



Swimming



Lunch



Yoga and Relaxation



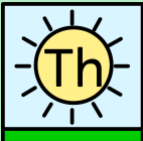
Karaoke



Thrive Games



Going Home




Thursday



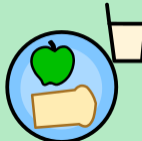
Well Beings




Swimming




Bowling



Lunch



Community Task Force



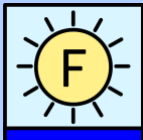
Art




Sports Club



Going Home



Friday



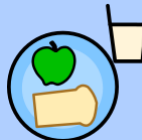
Bowling



Cooking



Games



Lunch



Music Games



Musical Theatre



Nature Walk



Going Home