



thrive

NEWSLETTER

March 2026

Well, looks like spring's finally here, which means warmer weather and longer days. Anywho, it's time as always for the latest edition of the Thrive newsletter! Packed with all your favourite news, interviews and games 😁 So without further ado, let's dive right in!



Jakester

What's been happening at Thrive?

At Thrive we are currently looking for someone who comes to us, to see if they are interested in helping deliver some training on how to run good sessions and activities.

A team member from Thrive will work with you, as well as Lynne who helps across our other day services, to design the training together.

We are planning this later in the year. If you are interested in getting involved, please let Joe or Jane know.



Question Time



This week
our very own
Trusty Tom

How long have you been working at Thrive?

3 years

What do you enjoy most about Thrive?

The people who come here, and the activities we do like bowling and the places we go to

What would you say to someone who's interested in joining or working at Thrive?

Do it, it's amazing and lots of fun!

What do you feel you help bring to Thrive?

It's good having some younger men in the building for some diversity

What came first, the chicken or the egg?

It would've been the egg, cos of evolution

Who would you appoint as the president of the Internet, and why?

I'd pick Jake cos of good instinct and conscience, with Joey as deputy

Fun Facts

The name “sandwich” comes from an 18th-century aristocrat called the 4th Earl of Sandwich

There are almost 5 billion internet users in the world

Approximately 10% of the world's population is left-handed, and many famous artists and thinkers fall into this category

Taste and smell are interconnected - around 80% of what we perceive as taste is influenced by our sense of smell

A shark can grow and lose up to 30,000 teeth in it's lifetime

Jakester's Jokes

How do you catch a squirrel? **Climb a tree and act like a nut!**

Why don't eggs tell jokes? **They might crack up**

What did one plate whisper to the other plate? **Dinner is on me**

Why did the coffee mug file a report? **It got mugged!**

What did the big flower say to the little flower? **“Hey bud”**

Why did the motorcycle not want to go hiking? **Because he was two-tired**

What did the astronaut say to the nosy reporter? **No comet**

Wordsearch

This month's theme is weather

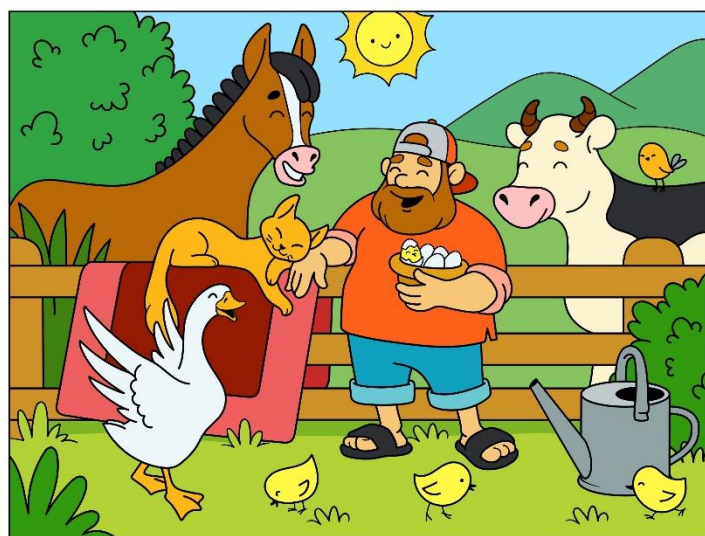
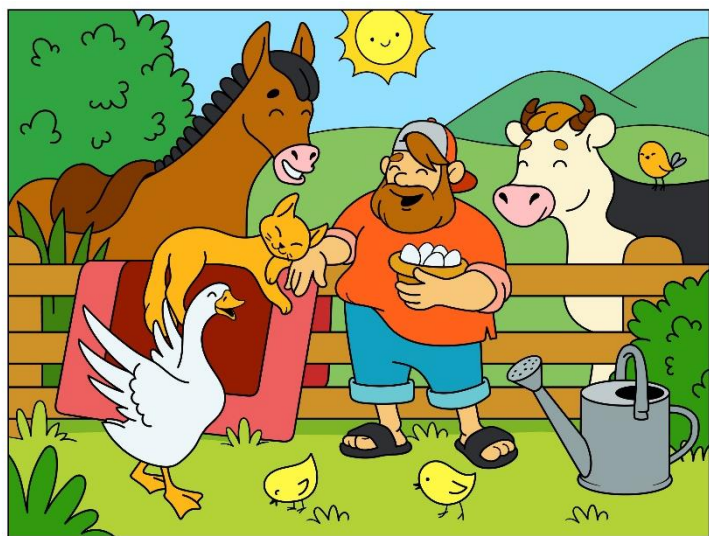
J Q S F Q X J F N G
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V L J P N R P N W G
W I N D V Q W U F I
D N E T I G B S P L
Y R D W C Q T N A G

Sun
Rain
Wind
Snow
Fog
Thunder
Lightning

Answers in next month's newsletter

Spot the difference

Can you find all 12 differences?



Answers in next month's newsletter

Quiz Time

Which colour appears on more national flags than any other colour?

Who voices Hades in Disney's Hercules?

What is the name of the largest ocean on Earth?

What is the name of the three-headed dog in Harry Potter?

Who sang "I Will Always Love You" for The Bodyguard soundtrack?

Riddle me this

What has words, but never speaks?

What can fill a room but takes up no space?

People make me, save me, change me, raise me. What am I?

What breaks yet never falls, and what falls yet never breaks?

What 2 things can you never eat for breakfast?

What is the end of everything?

Answers in next month's newsletter

Answers to last month's puzzles and games

Wordsearch

L F H L R S I O J E
L T C U O P B O T L
E A G U V F J C Y G
D L A S T A R K D N
M R G E L C R I C A
E O A N L Z A R J T
K V N A A M X C T C
M Z V P O I D E I E
P O Q N I N R T V R
L S D J X E R T A I

Spot the difference



Quiz Time

Which British singer had hits with "Rocket Man" and "Tiny Dancer"? **Elton John**

Which famous actor is best known for playing Han Solo and Indiana Jones? **Harrison Ford**

Which fruit has seeds on the outside? **Strawberry**

Which superhero is also known as the "Friendly Neighborhood" hero of Queens, New York? **Spider-Man**

Riddle me this

There's a one-story house in which everything is yellow. Yellow walls, yellow doors, yellow furniture. What color are the stairs? **There aren't any stairs, it's a one story house!**

You see a boat filled with people, yet there isn't a single person on board. How is that possible? **All the people are married, so no 'single' people on board**

Where does today come before yesterday? **In the dictionary**

What 4-letter word can be written forward, backward or upside down, and can still be read from left to right? **NOON (in capitals)**

What can't be put in a saucepan? **It's lid**

Answers to last months emojis on next page

Answers (continued)

Emoji time

Movie



Groundhog Day

Food



Pizza Hut

Nursey Rhyme



Hickory Dickory Dock

Animal



Tiger

Song



The Power of Love (Huey Lewis)

And with that, another newsletter all wrapped up. Look forward to delivering next month's newsletter for Easter! 😁

Til next time

Jakester

